



Talamore CC

Pool Rules and Regulations

The following are the rules, regulations and general guidelines for the Talamore Pool. These are put in place for your safety and the safety of others. They are not intended to restrict your fun, but to offer a clean and safe place that can be enjoyed by all of our members.

We looking forward to providing you and your guests with an entertaining experience at our beautiful pool facility. Enjoy the sun and thank you for your cooperation

Entering/Exiting the Pool Facility

- The Fitness Center will be locked at all times.
- All members and guests are required to sign-in at the front desk on each visit to the pool.
- **KISI** identification is required to enter the pool. Members will not be admitted to the pool without proper identification. This system is designed to ensure that only eligible members and paid guests are allowed in the pool area.
- Children under the age of 13 must be accompanied by a parent or guardian
- **Anyone entering or exiting the fitness center/pool facility must be properly dressed.**
- Shoes/sandals are required, they must be dry from the pool, and **'cover ups' for all adults and children are required.**
- **All food and beverage consumed on the club's premises must be purchased from the club.**
- **Bringing food, coolers, and the like onto club property is prohibited. Children's required nutritional items otherwise not served by the club are permitted but must be approved by the Assistant General Manager.**
- **Children and adults who are currently experiencing diarrhea are not permitted in the pools.**
- **Any person having a skin disease, sore or inflamed eyes, a cold, nasal or ear discharge, and any other communicable disease, will not be permitted in the pool.**
- **Persons having any considerable area of sub-skin tissues, or open blisters, cuts, etc. are warned that these are likely to become infected. Such persons may not use the pool.**
- **SWIM DIAPERS ARE REQUIRED FOR ALL CHILDREN WHO ARE NOT POTTY TRAINED.**



Free Swim/ Lifeguarding

- **The lifeguard staff has the authority to bench persons who are misbehaving. On the second warning of an individual or group, there will be a five-minute benching, next offense, a ten-minute benching, an offense after that will result in access being denied for the remainder of the day.**
- **Diving in any part of the pool is prohibited.**
- **No running on the pool deck, pushing anyone in the water, flips, drinks in the water, chicken fights, and "hold your breath contests"**
- **The right side of the stairs is to be kept clear to allow for entry and exit from the pool. The left side of the stairs is available for sitting.**
- **Inner tubes, inflatable rafts, and any sort of football/tennis ball are only allowed at the lifeguard's discretion. On busier days, these items will not be allowed due to safety concerns.**
- **Lifejackets to provide vertical support for non-swimmers may be worn; it is highly recommended they be Coast Guard approved.**
- **ANY CHILD UNABLE TO SWIM/TREAD WATER must be accompanied by an adult at all times.**
- **Glass and / or breakable items are not allowed in the pool area.**
- **Gum chewing is not permitted anywhere in the pool complex for health and safety reasons.**
- **During storms, the pool will be closed and the entire area cleared of Members at the discretion of the Pool Manager and/or lifeguards.**

Adult Swims

- '18 and over' swims are provided at Talamore. While there may be some exceptions based on Management's discretion, these swims will generally be called on the hour, every hour, regardless of the number of adults at the pool. They will last approximately 10 minutes once the last child is out of the pool. Adult swim will be called even if not being used. Adult swims present an excellent opportunity for children to use the bathroom facilities. Members or guests must be 18 years old or older to be in the pool during adult swims.
- **Infants (6 months and under) are permitted in the pool during adult swims.**
- **During adult swims, anyone under 18 years old must completely exit the pool. Children must be completely out of the water, no sitting or swimming in stairwell and feet must be out of the water.**
- **An adult swim only sign will be placed at the bottom of the lifeguard stand during these occasions**



Special Events / Guests

- **The club may reserve the use of the pool from time to time for member functions. Notice of such events and times will be sent through the Club's Member communications. During such times, the pool area will be closed except for those attending the functions.**
- Guest fees apply. Please see posted rates. All guests are required to sign in.
- **Members must call/email in advance if they would like to bring more than three (3) guests to the pool.**
- The same guest is not allowed to visit the pool or fitness center more than five times per year. Should you have a special situation where an extended family member needs to visit **more than 5 times**, contact the Fitness/Pool Manager or Membership Director to arrange for an extended family member program.
- **The number of Pool Guests permitted on Holidays and Holiday weekends is limited.** Members **MUST CALL** extension 122 **IN ADVANCE** to bring guests on holidays and holiday weekends (Memorial Day, July 4th, Labor Day). We apologize in advance if we are not able to accommodate all guest requests on Holidays and Holiday Weekends.

Pool Area

- **Children under 5 are not permitted to use the hot tub**
- **Children age 6 to 12 must be accompanied by a parent or guardian when using the hot tub.**
- **Hot tub use is limited to 15 minutes at a time.**
- **Smoking is prohibited in all pool areas.**
- **Please dispose of all unwanted food and/ or trash**
- **Towels in the fitness center are not for use at the pool.**
- Seating is on a first come first serve basis. You may not reserve chairs/tables with your belongings.
- Employees are the only persons allowed in staff rooms, filter rooms, mechanical rooms, storage rooms and offices.

Locker Rooms

- **A Family locker room is available to accommodate all locker room needs for children ages 12 and younger.**
- Children under age 13 are **NOT** allowed to use the men's or women's locker rooms. Also, please note that the **golf locker rooms are for golfers only.**



Food & Alcohol - Pool Policies

- **Under no circumstances may anyone bring alcohol from outside of the Club. Alcohol and all drinks and food must be purchased from the bar inside the Club. Staff will be monitoring this policy and if anyone is in violation, they will be reported to Management. Staff has the right to remove any outside food or beverage. All bags are subject to visual inspection to ensure compliance with this policy.**
- The service staff is required by law and Club rules to refuse service to anyone who is intoxicated or who is under twenty-one (21) years of age. Individual members are responsible for assuring non-violation of this rule by oneself and ones' guests.
- Be prepared to show a valid state issued identification for compliance with the minimum drinking age. No one will be served without proper identification.
- If under-aged drinking is witnessed, local police will be notified immediately.
- All alcoholic beverages must be consumed before exiting the pool area.
- The club shall not be responsible for actions of members or their guests after they leave Club property.
- All beverages containing alcohol will only be served in a pre-approved container by the manager.
- **No containers of any kind are allowed in the pool or inside the fitness center/changing rooms. You may be seated on a ledge with a container.** Disorderly or disruptive behavior will not be tolerated. Continued disruptive behavior will result in removal of pool area for the day and the possibility suspension for the remainder of the season.
- Please do not allow yourself or any guest to become intoxicated or engage in conduct that might embarrass you, your guests, or the Club, or that might jeopardize the Club's alcoholic beverage license.

The Club reserves the right to suspend/expel any member whose behavior is deemed to be unfit. Talamore has sole discretion to determine what constitutes such behavior. Examples of unfit behavior include disregard for Club Rules and Regulations, fighting; using loud and abusive language; failure to pay for fees and services in a timely manner; berating or verbally or physically abusing Members or Club staff; cheating; public drunkenness; and the like.

All provisions of the Club's General Rules, Regulations and Guidelines, as well as Local, State and Federal Laws apply in addition to these Pool Rules & Regulations.